

# Protect yourself from hepatitis A.

Hepatitis A is on the rise in our area.



**Get vaccinated.**



**Wash your hands.**

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**Florida**  
**HEALTH**

## Hepatitis A virus is in the poop of people who have the virus.



- If a person with the virus doesn't wash his or her hands after going to the bathroom, poop can transfer to objects, food, drinks or drugs.
- When these things are shared, other people can unknowingly swallow the virus.
- If a person who has the virus comes in close contact with others—like during sex—the virus can spread.

## Stop the spread of hepatitis A:



- Wash your hands with soap and water after you use the bathroom, and before you eat and drink.
- Don't share personal items, food, drinks or drugs.
- Contact your county health department for a free or low-cost vaccine:  
[FloridaHealth.gov](http://FloridaHealth.gov) and search for "County Contact Information" or "Hepatitis A".



Hepatitis A can lead to serious liver problems, even death.

